Alyeska Center for Facial Plastic Surgery & ENT

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**Facial Fat Augmentation Recovery**

**How long will it take to recover from facial fat injections?**

* Recovery time depends on the areas treated, and the volume of fat injected.
* In general, there are minimal incisions (<1mm).
* Bruising can be expected for 7-10 days, depending on your sensitivity to bruising and the amount of fat needed for your procedure.
* Swelling of the face usually begins to lessen after 3 to 4 days, subsiding by 7 to 10 days, and much improved by 3 weeks.
* Donor sites may be bruised and/or tender for 10 – 21 days.

**After your procedure:**

* Keep your head of bed elevated > 30 degrees for two to three days
* Use ice packs to the face for the first 48 hours after your procedure
* Try to avoid excessive facial movement or talking in the first 48 hours after your procedure.
* You may be prescribed a short course of steroids to help with swelling after your procedure.

Dr. Magill will be immediately available to you during your recovery process. Your questions and concerns will be addressed, and you will be seen in the office during your healing time.